

# Williamstown High School Incursion Overview 2022

Updated March 15<sup>th</sup> 2022

	Focus 2022	Term 1	Term 2	Term 3	Term 4
Whole School		<p><b>International Women's Day</b></p> <p>Inspirational guest presenters from a range of organisations including the Williamstown Football club</p>	<p><b>IDAHOBIT Day</b> INTERNATIONAL DAY AGAINST LGBTQIA+ DISCRIMINATION. MAY 17</p>	<p><b>Wear it Purple Day</b></p> <p>We provide support and resources for Schools, Universities, Gender &amp; Sexuality Alliances (GSA's) and Youth Organisations to assist them in creating inclusive experiences for rainbow young people. We act as a source of resources to support the effective delivery of Wear It Purple Day in Schools, Universities, Workplaces and the broader community.</p> <p><b>RUOK? Day</b> Are they really OK? Ask them today. Do you know how the people in your world are really going?</p> <p>R U OK? has developed FREE resources to help you encourage everyone in your school, workplace and community to think about who in their world might need to be asked how they're really going and how to make a moment meaningful by asking "are you OK?"</p>	

<p><b>Year 7</b></p>	<ul style="list-style-type: none"> <li>• <b>Friendship and relationships</b></li> <li>• <b>Improved connectedness to teachers</b></li> <li>• <b>Personal identity</b></li> </ul>			<p><b>Elephant ed Identity</b>          Since 2015, Elephant Ed has been transforming the way sex education is taught across Australia. Elephant Ed send young, relatable and highly trained facilitators to deliver fun and engaging sex education workshops to schools, universities and community groups. But they aren't just ordinary workshops...they're designed and delivered for young people, by young people.</p> <p>Our evidence-based, age-appropriate workshops are tried and tested across all relevant age groups and are mapped to State and National curriculum guidelines. Every year, we empower tens of thousands of young people to make informed, positive and safe decisions about sexuality, relationships and growing up.</p>	<p><b>Project Rokit Level up Incursion</b>          CONNECT explores the positive potential of technology, upskilling students with online skills to build connected communities, support wellbeing and navigate harmful experiences.</p> <p>Topics like bullying and cyberbullying are typically viewed as pretty cringey by school students. Our workshops are designed to break-down this stigma by injecting fun, participatory activities, and honest discussion facilitated by young presenters. We strive to build empathy, self-awareness and resilience by creating spaces where students can safely reflect on past behaviour, explore shared experience and find new ways to foster belonging.</p>
<p><b>Year 8</b></p>	<ul style="list-style-type: none"> <li>• <b>Respect for Diversity</b></li> <li>• <b>Help seeking (Student Voice)</b></li> <li>• <b>Resilience, Tolerance and Gratitude</b></li> </ul>	<p><b>Butterfly Foundation</b>          Body Image and the digital world- The program aims to promote healthy attitudes and behaviours towards the body, eating, and physical activity in children so they can thrive both at school and in life. Body Bright provides resources and support to teachers as well as their broader school community. It takes a village to raise a child!</p>	<p><b>Minus 18:</b>          Sexuality and Gender Workshops: Introduction to the basics of sexuality and gender identity through an interactive and engaging workshop.          Learning outcomes:          LGBTQIA+ identities, concepts and terminology.          Empathy and connection through relatable, personal stories.          Experiences and barriers of students who are LGBTQIA+</p>		<p><b>Mental Health practices Head Space:</b>          Be You is a national initiative led by Beyond Blue with delivery partners headspace and Early Childhood Australia. headspace is the delivery partner of Be You for primary and secondary schools across Australia. Be You is a national initiative for educators, aimed at promoting and protecting positive mental health in children and young people.</p>

			Celebrating diversity and respecting each other. Explore ways to take action and safely support peers.		headspace Schools (formerly known as headspace School Support) continues to support secondary schools to prepare for, respond to and recover together where there has been a death by suicide.
<b>Year 9</b>	<ul style="list-style-type: none"> <li>• <b>Respect for Diversity</b></li> <li>• <b>Cyber bullying (cyber/social profiles)</b></li> <li>• <b>Mental health (self care)</b></li> <li>• <b>Getting to know new HG</b></li> </ul>	<p><b>Icebreaker/social engagement type workshops (new HGs)</b></p> <p>The purpose of the day is to get the new Year 9 homegroups working in teams and getting to know the new members of their class.</p> <p>We have organised for a company to come out and run an amazing race type of event for our year 9 students The event will run adjacent to the school in the jawbone reserve.</p>			<p><b>Mental Health practices</b></p> <p><b>Head Space:</b></p> <p>Be You is a national initiative led by Beyond Blue with delivery partners headspace and Early Childhood Australia. headspace is the delivery partner of Be You for primary and secondary schools across Australia. Be You is a national initiative for educators, aimed at promoting and protecting positive mental health in children and young people.</p> <p>headspace Schools (formerly known as headspace School Support) continues to support secondary schools to prepare for, respond to and recover together where there has been a death by suicide.</p>
<b>Year 10</b>	<ul style="list-style-type: none"> <li>• <b>Respect for Diversity</b></li> <li>• <b>Cyber profiles</b></li> <li>• <b>Mental health (self care)</b></li> <li>• <b>Consent</b></li> <li>• <b>Gender identity</b></li> <li>• <b>Study Skills</b></li> <li>• <b>Respect for Diversity</b></li> </ul>		<p><b>Roadsmart (road safety):</b></p> <p>Road Smart is a free education program that helps prepare beginner drivers for a lifetime of safe driving.</p> <p>Funded by the Victorian Government, Road Smart is an initiative that supports and enhances Victoria's Graduated Licensing System. The program is designed to build the knowledge,</p>	<p><b>Be Wise</b></p> <p>The program focuses on harm prevention and awareness, and encourages young men and women to use their voice to educate others about bystander action and stopping the coward punch.</p>	

	<ul style="list-style-type: none"> <li>• <b>Help seeking (Student Voice)</b></li> <li>• <b>Resilience, Tolerance and Gratitude</b></li> </ul>		<p>skills and behaviours of Year 10 students (or equivalent) and features:</p> <p><b>Consent - Family Planning Victoria</b> Combining 50 years of experience with the latest research, we have developed a sustainable and comprehensive whole-community approach on relationships and sexuality education.</p> <p><b>Minus 18:</b> Sexuality and Gender Workshops: Introduction to the basics of sexuality and gender identity through an interactive and engaging workshop. Learning outcomes: LGBTQIA+ identities, concepts and terminology. Empathy and connection through relatable, personal stories. Experiences and barriers of students who are LGBTQIA+ Celebrating diversity and respecting each other. Explore ways to take action and safely support peers.</p>		
Year 11	<ul style="list-style-type: none"> <li>• <b>Respect for Diversity</b></li> <li>• <b>Positive Gender Relations</b></li> <li>• <b>Consent</b></li> <li>• <b>Study Skills</b></li> </ul>	<p><b>SEED - Positive Gender Relations and Elevate Education Study Skills</b></p> <p>SEED Workshops' presenters work their magic with our combined Gender Bender &amp; Respectful Relationships workshops designed specifically, and tailored age-appropriately, for Year 5 - Year 12 students. We take a look at the</p>		<p><b>Elephant Ed – Consent</b></p> <p>Since 2015, Elephant Ed has been transforming the way sex education is taught across Australia. Elephant Ed send young, relatable and highly trained facilitators to deliver fun and engaging sex education workshops to schools, universities and</p>	

		<p>way our society defines us based on gender, and how sexism plays out in the media, politics, pop culture and sometimes in the students' own lives. SEED Workshops encourage students to be respectful and aware of women's rights, including the plight of girls and women in less privileged parts of the world. Students gain insight into how unhelpful gender roles are for all of us - female and male.</p> <p>In part 2 of this workshop, we help students develop the tools to create, navigate and maintain healthy relationships with particular focus on consent. Using a sensitive and age-appropriate approach, we look at ways to reframe discussions around sexual assault, developing critical thinking skills to combat victim-blaming. Students will also learn to set and respect boundaries, how to recognise unhealthy relationships, and to be UPstanders against bullying and harassment - not bystanders.</p>		<p>community groups. But they aren't just ordinary workshops...they're designed and delivered for young people, by young people.</p> <p>Our evidence-based, age-appropriate workshops are tried and tested across all relevant age groups and are mapped to State and National curriculum guidelines. Every year, we empower tens of thousands of young people to make informed, positive and safe decisions about sexuality, relationships and growing up.</p> <p>Fit To drive: Funded by the Department of Transport and TAC, the F2D Workshop aims to prevent serious injuries and lives lost amongst young Victorian road users. The young people we engage with get a unique opportunity to explore the complexities of decision-making and assessing risk as a road user.</p>	
<b>Year 12</b>	<ul style="list-style-type: none"> <li>• <b>Respect for Diversity</b></li> <li>• <b>Consent</b></li> <li>• <b>Resilience</b></li> <li>• <b>Study Skills</b></li> </ul>	<p><b>Success Integrated - Growth Mindset and Resilience (on Yr 12 camp)</b></p> <p>Students will participate in workshops to further develop their ability to cope with the demands of VCE and Senior years study.</p>	<p><b>Elephant Ed – Consent</b></p> <p>Since 2015, Elephant Ed has been transforming the way sex education is taught across Australia. Elephant Ed send young, relatable and highly trained facilitators to deliver fun and engaging sex education workshops to schools, universities and community groups. But they aren't</p>	<p><b>Elevate Education - Exam preparation</b></p> <p>Each year, over 1500 Australian high schools choose Elevate Education for one key reason: each program actually works! Elevate's study skills seminars are designed to achieve behavioural change amongst students. It isn't enough</p>	<p><b>Party Safe Victoria Police</b></p> <p>Victoria Police Partysafe provides advice on how to host a safe and trouble free event. Avoid complaints, gatecrashing, violence and intoxication by planning carefully and supervising responsibly</p>

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that students simply understand what they need to do in their study. The challenge in any study skills program is getting students to use and apply the skills they learn. Elevate gets students using the skills from its seminars by using an integrated process that works.